

# City of Albany High School

## Menu: March 1st-5th



**V** = Vegetarian

**S** = Smart Choices Healthy Entree

Student Lunch Price \$2.25

	MONDAY 1st	TUESDAY 2nd	WEDNESDAY 3rd	THURSDAY 4th	FRIDAY 5th
	Buffalo Pizza <i>fresh whole grain dough, lightly brushed with garlic and oil, topped with homemade pizza sauce, mozzarella cheese, grated parmesan, oregano and buffalo flavored chicken</i>	Hawaiian Pizza <i>fresh grain wheat dough, lightly brushed with garlic and oil, topped with homemade pizza sauce, mozzarella cheese, grated parmesan, ham and pineapple</i>	Pizza Margherita <b>V</b> <i>Classic pizza of thin crisp dough, tomatoes, and mozzarella, with basil</i>	Tossed Salad Pizza <i>fresh whole grain dough lightly brushed with garlic and oil, topped with salad greens lightly tossed with balsamic vinaigrette, grated parmesan and spices</i> <b>V S</b>	Vegetable Pizza <b>V</b> <i>layers of thin vegetables topped with mozzarella cheese, grated parmesan and marinara sauce, in a whole grain dough lightly brushed with oil and garlic</i>
AVAILABLE DAILY: Plain and Pepperoni Pizza by the slice, featuring whole grain pizza dough					
	Mission Chicken Burrito <i>Mexi-chicken with beans, rice, pico de gallo, shredded cheddar, sour cream in a tortilla wrap</i>	Sauce and Toss Chicken <i>breaded chicken tossed in your choice of buffalo, bbq or teriyaki sauces with celery sticks and breadstick</i>	Monte Cristo Sandwich <i>french toast with sliced ham and melted mozzarella cheese</i>	New Orleans Cajun Chicken <i>Boneless chicken with a variety of Cajun spices served with flavored rice</i>	Vegetable Quesadilla <b>V</b> <i>Mexican vegetables, red chili sauce, pico de gallo, cheddar cheese in a tortilla</i>
Look for our famous Coyote Grill & Rubys Flats that will rotate in each week.					
	Chicken Patty Melt <i>breaded chicken patty topped with melted American cheese, served on a whole wheat bun</i>	Mexican Grilled Cheese <i>taco meat and American cheese grilled on wheat bread</i>	Austin Steak Twister <i>with peppers, onions and barbecue sauce in a tortilla</i>	Turkey Bacon Cheeseburger <i>all beef patty topped with twin turkey bacon slices, melted American cheese, with green leaf lettuce and tomato, served on a whole wheat bun</i>	Buffalo Chicken Sandwich <i>grilled chicken breast with buffalo hot sauce, with green leaf lettuce and tomato slices, served on whole wheat bun</i>
AVAILABLE DAILY: Cheeseburgers, Turkey Burgers & Veggie Burgers.					
	Sandwich Romeo Wrap <i>turkey ham, turkey salami, mozzarella cheese, leaf lettuce and tomato, served in whole wheat wrap</i>	Crunchy Veggie Wrap <b>V S</b> <i>assorted crisp vegetables with lettuce, tomato and fat free cream cheese in a whole wheat wrap</i>	Love at First Delight <i>roasted turkey breast, slices of American cheese, lettuce, tomato and Russian dressing, on a whole wheat roll</i>	Grilled Chicken Wrap <b>S</b> <i>grilled chicken breast strips, melted Provolone cheese and honey mustard dressing, in a whole wheat wrap</i>	The Harvest Classic <i>thin sliced turkey ham, low fat mozzarella cheese, leaf lettuce and tomato slices in a whole wheat wrap</i>

MEAL PRICE INCLUDES: PROTEIN CHOICE, FRESH VEGETABLE CHOICE, FRESH FRUIT CHOICE, BREAD CHOICE

AND MILK CHOICE (1% LOW-FAT MILK, SKIM MILK OR 1% LOW-FAT CHOCOLATE MILK)

AVAILABLE DAILY WITH SALAD LUNCH: PROTEIN CHOICE, WHOLE GRAIN DINNER ROLL OR BREADSTICK, FRUIT CHOICE & MILK CHOICE

PLEASE NOTE THAT WHEN A PORK ITEM IS SERVED IT WILL BE NOTED ON THAT DAY OF SERVICE