INTERSCHOLASTIC ATHLETIC GUIDELINES, RULES, AND REGULATIONS

Athlete's Name: ________________________________           Student ID No.: _______________
Grade: _______   Sport/Year: ____________________________________/________

Athletic Consent Form

Parent’s/Guardian’s and Student’s signatures are required on Page 2.

The student athlete participating in Interscholastic Athletics has an obligation to him/herself, teammates, coaches, the school, and the community to strive for excellence. Participation in these programs, hopefully, will enable the athlete to: value competition; develop self-discipline and self-control; and exercise sportsmanship and mature judgment. This program also develops an appreciation for good health and physical fitness.

1. The student must comply with the standards of eligibility of the New York State Public High School Athletic Association, Big Ten Athletic Conference, Section II, and the City School District of Albany's Rules and Regulations.
   A. Age: Athlete cannot reach the 19th birthday before July 1st.
   B. Bonafide Student: Athlete must be a bonafide student of the high school and be taking a minimum of three subjects and physical education.
   C. Duration of Competition: Athlete is eligible for four consecutive years commencing with entry into 9th grade.
   D. Health Examination: Athlete must receive an adequate health examination and health history update when required, and may not practice or participate without the approval of the school medical officer.

2. Athletic Eligibility
   A. Students must be passing a minimum of 60% of their subjects. Those athletes not maintaining that minimum will be ineligible. The Academic Assistance Tutorial Program is available to assist our athletes with their academic needs.
   B. Any athlete who quits or is dismissed from a team for disciplinary reasons is ineligible to participate in any other athletic activity until the completion of that sport season.

3. Attendance
   A. Athletes must be in attendance 80% of the school schedule and class time.
   B. The athlete must be in attendance for at least a half-day of school on a scheduled activity day or the day preceding the activity, if the activity falls on a non-school day. If that requirement is not met, the athlete may not participate in the scheduled practice or contest.

4. Transportation
   A. All team members must be transported to away contests by school authorized vehicles. The only exception is parent/guardian transport of their student-athlete from the site of the contest. In that case, the student-athlete, parent/guardian, and coach must sign a transportation release form. It is understood that the athlete must be transported ONLY by the parent/guardian, not by other family members or friends.
5. Equipment  
   A. Athletes will be required to pay for any lost or damaged equipment. Failure to do so will result in ineligibility for any athletic award and for participation in another sport activity.

6. Transfer  
   A. A student who transfers, without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months), is ineligible to participate in any interscholastic athletic contest in a particular sport for a period of one year, if the student participated in that sport during the one year period immediately preceding his/her transfer. An appeal process is established to handle undue hardships.

7. Selection/Classification Program  
   A. The intent of this program is to provide for students in grades seven and eight to safely participate at an appropriate level of competition based upon physical readiness rather than age and grade. The Selection/Classification Program was designed for mature and exceptionally skilled students to advance to an upper level. It is aimed at the few select students who can benefit from such placement because of their level of readiness.

Athletic Injury Warning Statement  
Participation in the Interscholastic Athletic Program is on a voluntary basis. Parents/guardians and students should realize that, as in any athletic activity, there is an element of risk involved whereas physical injuries may occur. Please be assured that our school officials will utilize all precautionary measures to safeguard the student’s/athlete's health. Please note, however, that in the event of an athletic injury to your child, the parents/guardians are responsible for medical and/or hospital expenses incurred. The School District does carry a Supplementary Insurance Plan to assist parents when their own personal health insurance does not cover the entire cost of medical and/or hospital expense. Medical insurance information can be obtained by calling the principal's office for the appropriate forms.

Code of Conduct  
Albany High School expects excellence from all participants in all school related activities. Therefore, the Albany High School extra-curricular programs require high standards of conduct and commitment. Consistent with our expectations of excellence, all participants in extra-curricular activities will comply with all Rules of the Board of Education and School Conduct Policy detailed in the Albany High School Student Handbook. Students suspended from school, attending in-school suspension, or placed in alternative programs for violation of conduct policies outlined in the student handbook will also be suspended from extra-curricular activities for the duration of the suspension. Students who violate the Albany High School Code of Conduct and/or use tobacco, alcohol, and/or other drugs are subject to suspension from all athletic and extra-curricular activities.

I acknowledge that I have read all information contained on this form regarding interscholastic athletic participation. I agree to abide by all Rules and Regulations of the New York State Public High School Athletic Association, Big Ten, Section II, and the City School District of Albany.

Student's Signature: ___________________________ Date: ________________

_____________________________ Parent’s/Guardian's Signature ___________________________ Date ________________

_____________________________ Parent’s/Guardian's Name (Print) ___________________________ Date ________________