



The Parent Network of the Capital Region and the City School District of Albany Special Education Department present the following parent trainings:

Understanding Autism Spectrum Disorders (ASD): the Basics

Tuesday, March 5 from 5:30-7:30 p.m.

Harriet Gibbons Student Services Center, 75 Watervliet Ave.

Join us for an overview of ASD. Participants will gain a basic understanding of how ASD characteristics can impact children in the school, community and home environments. Educating children with ASD involves a partnership between schools, families and communities. The better we understand ASD, the better prepared we are to help students reach their potential.

Anxiety and Depression in School Aged Learners: What Should I Know and How Can I Help?

Tuesday, April 16 from 5:30-7:30 p.m.

Harriet Gibbons Student Services Center, 75 Watervliet Ave.

Children cannot learn well when they are anxious and depressed. This workshop will provide an overview of anxiety and depression in school-aged learners. Participants will learn how anxiety and depression may present in youth, and how each may impact learning, and discover tools and strategies to help in the home and school environments.

For more information or to register, contact Sheri Gaylord at (518) 640-3333 or sgaylord@wildwoodprograms.org.