



OFFICE OF THE SUPERINTENDENT

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November 2019

Dear Parent or Guardian:

The New York State Department of Health has selected the City School District of Albany to take part in a survey about childhood weight.

State law requires that a student be weighed and his or her height measured as part of his or her school health exam for prekindergarten or kindergarten, first, third, fifth, seventh, ninth and eleventh grade. These numbers are used to figure out the student's body mass index, or "BMI." The BMI helps a doctor or nurse know if the student's weight is in a healthy range for his or her height.

The district will be sending the state a summary of 2018-19 "weight status information" – a report of where students' BMI numbers fall on a scale ranging from underweight to obese. **No names of or information about individual children will be provided.** However, parents or guardians may choose to have their child's information excluded from the survey report.

For more information, contact your child's school nurse.

If you **DO NOT** wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to the school nurse by Jan. 10, 2020.

Yours in Education,

Kaweeda G. Adams

Please **DO NOT** include my child's weight status information in the 2019-20 School Survey.

Print Child's Name

Date

Print Parent's Name

Parent's Signature

VISION STATEMENT

The City School District of Albany will be a district of excellence with caring relationships and engaging learning experiences that provide equitable opportunities for all students to reach their potential.

MISSION STATEMENT

We will work in partnership with our diverse community to engage every learner in a robust educational program designed to provide the knowledge and skills necessary for success.