



Prekindergarten Instructional Guidance for Families

April 2020

Prekindergarten students learn best through hands-on, interactive and imaginative play experiences, supported by social interactions. This aligns to our program's philosophy of child-centered and play-based learning.

One of the best things you can do with your child to increase vocabulary and comprehension is to read to them daily.

Beginning Monday, April 6, we will have new instructional guides each week to support our pre-K students' learning at home. The resources are a balance of online resources and meaningful learning activities students can do with their family at home.

Below you will find the recommended minutes of daily practice and the first week of pre-K learning opportunities. Creative Spaces is an opportunity for children to have open-ended art, exploration and play experiences with everyday objects that many have around your home. Please keep that in mind as you review the chart of suggested activities on the next page.

Teachers will continue to communicate with families on the current platform on a weekly basis.

We encourage you to follow the Early Childhood Facebook page, as we will be posting videos, resources and activities throughout the week to support learning at home: <https://www.facebook.com/albanyearlychildhood>. If you have any questions, please feel free to contact the Early Childhood Department: mhasty@albany.k12.ny.us.

Daily pre-K learning guidance

The following recommendations are Pre-K learning minutes each day while schools are closed due to COVID-19. Resources are available in the academic resources section of the school district's website, albanschools.org.

- 10 minutes of being read to and engaging in texts
- 10 minutes of math/math literacy
- 10 minutes of letter identification/letter sound work
- 40-60 minutes of play- creative arts (art, crafts, music, dance), building, pretend play
- 45 minutes of gross motor time/music and movement.

Theme April 6-10: Spring! Please review Week 1 of [Scholastic Learn at Home](#) and complete the daily activities.

Creative Spaces	Literacy	Math	Science/Social Studies
<p><u>Egg Carton Flower</u> Create a spring flower out of an egg carton: Use paint, markers, crayons, pens - whatever you have in the house!</p> <p><u>Spring Art Mosaic</u> Use construction paper, magazine clippings, mail envelopes, etc.</p> <p><u>Muffin Liner Flowers</u> Provide your child with muffin tin liners to create flowers!</p> <p><u>Shape Animals</u> Provide your child with various shapes you have cut out of paper or cardboard. Encourage your child to create an animal from one of the Scholastic stories you listened to.</p>	<p>Online Resources: www.starfall.com</p> <p>YouTube Channels: Alphablocks StorytimeNow</p> <p>April Writing Prompt Calendar Ask your child a prompt; you can have them to tell you their thoughts, they can draw a picture and dictate a sentence to you, or try to label it on their own.</p> <p>Our Names Scavenger Hunt What does your name begin with? Your family member's names? Find something in your house that begins with those letters.</p> <p>Alphabet Scavenger Hunt Write the letters of the alphabet on Post-Its/construction paper/junk mail. Hide all the letters around the house. Have your child go around and find all the letters!</p>	<p>YouTube Channels: Numberjacks Numberblocks</p> <p>Numbers All Around Go around your home and look out your window. Look for numbers all around you! How many can you find? What numbers do you see? Can you find all the numbers 0-9?</p> <p>Nesting and Ordering by Size Use empty food boxes such as cereal, pasta, rice, etc. Have your child experiment to see which boxes can fit inside the other. Have them line them up, tallest to smallest. Use and model math vocabulary such as longer, shorter, wider, narrow, taller. Ask questions such as "Can that one (pointing to a larger one) fit inside this one (pointing to a smaller one)? How do you know?"</p>	<p>Online Resources: Mystery Doug (free science videos) https://kids.nationalgeographic.com/</p> <p>YouTube Channels: Storybots</p> <p>Spring-Changes All Around Us Look outside, or go outside if you can for a nature walk. What signs of spring do you see? Hear? Feel? Smell? Make a web chart about all the things you notice about spring.</p> <p>Color Changing Walking Water Use this link to do a fun science experiment that will make water move from one glass to another, and change color!</p> <p>Climbing Critters It's spring and you will begin to notice animals out and about in your neighborhood. Use the link above to create a "climbing critter" (animal). You can make your favorite critter, or one that you've seen outdoors.</p>
Movement/Physical Ed.		Social Emotional/Parent Resources	
<p>YouTube Channels: The Learning Station Jack Hartmann Gonoodle A Cosmic Kids Yoga</p> <p><u>Roll-A-Die Spring Animal Game</u> Roll the dice, whatever number you land on, move like that spring animal!</p>		<p>Here is a link to a social story to help our children understand COVID-19: https://littlepuddins.ie/coronavirus-social-story/</p> <p style="text-align: center;">Fine Motor Development</p> <p><u>Line Fun</u>: Draw lines on paper and provide your child with materials to place on the lines (change, Legos, stickers or other small items).</p>	

