

## OFFICE OF THE SUPERINTENDENT

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November 9, 2023

Dear Families:

Superintendent

The New York State Department of Health has selected the City School District of Albany to take part in a survey about childhood weight.

State law requires that a student be weighed and his or her height measured as part of his or her school health exam when entering prekindergarten or kindergarten, second, fourth, seventh and 10th grade. These numbers are used to figure out the student's body mass index, or "BMI." The BMI helps a doctor or nurse know if the student's weight is in a healthy range for his or her height.

The district will be sending the state a summary of 2023-24 "weight status information" – a report of where students' BMI numbers fall on a scale ranging from underweight to obese. **No names of or information about individual children will be provided**. However, parents or guardians may choose to have their child's information excluded from the survey report.

For more information, contact your child's school nurse.

If you **DO NOT** wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to the school nurse by Jan. 5, 2024.

Please do not include my child's weight status information in the 2023-24 School Survey.	
Print Child's Name	Date
Print Parent's Name	Parent's Signature
Joseph Hochreiter	

**VISION STATEMENT** 

The City School District of Albany will be a district of excellence with caring relationships and engaging learning experiences that provide equitable opportunities for all students to reach their potential.