

City School District of Albany February Middle School Lunch Menu

*Fresh Fruit & Baby Carrots Available Daily.

Sweet & Sour Chicken over WG Rice & WG Dinner Roll Steamed Broccoli Celery Sticks Pineapple

Nacho Tots Turkev Taco Meat. Cheddar Cheese Sauce on Tater Tots WG Soft Pretzel **Baby Carrots** Mixed Fruit National Tater Tot Day!!

WG Corn Dog **Graham Crackers** Steamed Broccoli Green Pepper Strips **Diced Pears**

Cheesy Bagel Melt with Turkey Ham **Sweet Potato Fries** Celery Sticks **Applesauce**

Chicken Tender WG Dinner Roll & WG Cheez-It Crackers Vegetarian Beans **Cucumber Coins** Peach Cup

8 Personal Pan Pizza Choice of Cheese or Pepperoni on 7inch Shell Romaine Salad **Baby Carrots** Pineapple National Pizza Day!!

NO SCHOOL

12

Buffalo Chicken Wing Dip w/ Tortilla Chips WG Breadstick Celery Sticks **Baby Carrots Diced Pears**

13 Brunch for Lunch

WG French Toast Sticks Chicken Sausage Patty Smile Fries **Cucumber Coins Applesauce**

¹⁴ Meatball Sub on WG Roll Caesar Side Salad **Baby Carrots** Peach Cup

15

Burger Day (Beef. Veggie or Turkey) on a WG Bun Vegetarian Beans Broccoli Bites Pineapple

(2/9/24)

Spicy Chicken Patty on WG Bun Steamed Broccoli **Baby Carrots** Mixed Fruit

19

Winter Recess



20



21 Winter Recess



22



23



Turkey Hotdog on WG Bun Spicy Waffle Fries Broccoli Bites **Diced Pears**

Chicken Patty on WG Bun Steamed Carrots Cucumber Coins **Applesauce**

28 Beef Nachos

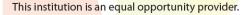
WG Chips, Taco Meat, Cheddar Cheese Sauce WG Dinner Roll Black Beans Celery Sticks Peach Cup

29

WG Chicken Nuggets WG Biscuit Steamed Peas **Baby Carrots** Pineapple

If you have any questions, please contact Lisa Perron Director of Food Service at 518-475-6644 x 4

8oz. Fat Free Chocolate, White and 1% Milk available Daily. Lactose/ Dairy Free Milk available as needed. Alternate Daily Entrée: Cheese Pizza, Vegetarian Hummus Wrap, Chicken Salad and Veggie Salad w/ Dinner Roll, Nut and Jelly Uncrustable Sandwich served with Crackers and String Cheese, Cheese/Hamburger, Veggie Burger, Turkey Burger and an Assortment of Deli Sandwiches *



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