



City School District of Albany
January 2024 Elementary Cooking Breakfast (Arbor Hill, Albany
School of Humanities, Giffen, Albany International Center)

1
NO SCHOOL

2
WG Assorted
Cereal w/
Cheese Stick
Diced Pears
100% Fruit Juice

3
Build your own
Strawberry
Yogurt Parfait
Applesauce
100% Fruit Juice

4
Egg & Cheese
Burrito
Peach Cup
100% Fruit Juice

5
WG Stuffed
Cinnamon Toast
Crunch Bar
Fresh Fruit
100% Fruit Juice

8
WG Blueberry
Muffin
4oz Yogurt
Fresh Fruit
100% Fruit Juice

9
WG Turkey
Sausage
Breakfast Pizza
Diced Pears
100% Fruit Juice

10
WG Bagel w/
Cream Cheese
Applesauce
100% Fruit Juice

11
Turkey Ham,
Egg & Cheese
Sandwich
Peach Cup
100% Fruit Juice

12
Oatmeal w/ Brown
Sugar & Raisins
Fresh Fruit
100% Fruit Juice

15
NO SCHOOL

16
WG Blueberry Waffle
w/ Cheese Stick
Diced Pears
100% Fruit Juice

17
WG Bagel w/
Assorted Cream
Cheeses &
Jellies
Applesauce
100% Fruit Juice
Celebrating Bagel Day
(1/15)

18
Egg & Cheese
Omelet w/ WG
Toast
Peach Cup
100% Fruit Juice

19
WG Turkey
Sausage
Pancake Stick
Fresh Fruit
100% Fruit Juice

22
WG Chocolate
Muffin
4oz Yogurt
Fresh Fruit
100% Fruit Juice

23
WG Maple Waffles
Turkey Sausage
Patty
Diced Pears
100% Fruit Juice

24
Build your own
Strawberry
Yogurt Parfait
Applesauce
100% Fruit Juice

25
Turkey Ham, Egg
& Cheese
Sandwich
Peach Cup
100% Fruit Juice

26
Chicken Sausage
& Cheese on WG
Biscuit
Fresh Fruit
100% Fruit Juice

29
WG Blueberry
Mini Loaf
String Cheese
Fresh Fruit
100% Fruit Juice

30
WG Turkey
Sausage
Breakfast Pizza
Diced Pears
100% Fruit Juice

31
WG Bagel w/
Cream Cheese
Applesauce
100% Fruit Juice

8oz. Fat Free Chocolate, White and 1% Milk available Daily.
Lactose/ Dairy Free Milk available as needed. **Cheerios & Rice
Krispies Available Daily for Pre-K, WG Cereal available with
following: M-WG Cracker THUR-4 OZ Yogurt
T-Cheese stick F-WG Cracker
W-Hard boiled egg

If you have any questions, please contact Lisa Perron Director
of Food Service at 518-475-6644 x 4