

2

## City School District of Albany January 2024 High School Lunch

NO SCHOOL

WG Corn Dog Graham Cracker Vegetarian Beans **Baby Carrots Applesauce** 

Chicken Alfredo w/ WG Pasta Steamed Broccoli **Baby Carrots** Peach Cup

Burger Bar (Beef, Turkey or Veggie on WG Bun) Lettuce, Tomato & **Pickles Cucumber Coins** Broccoli Bites Pineapple

**Brunch For** Lunch WG French Toast Sticks Chicken Sausage Tater Tots Celery Sticks Mixed Fruit

WG Chicken Tenders Spicy Waffle Fries WG Dinner Roll & WG Cheez-it Crackers Broccoli Bites **Diced Pears** 

Turkey Nachos WG Chips, Turkey Taco

Meat or Beans, Cheddar Cheese Sauce, Jalapenos, Black Olives, Sour Cream & Salsa WG Cinnamon Gold Fish Pinto Beans Green Pepper Slices Applesauce

Deli Bar

Turkey, Turkey Ham, Turkey Bologna or Tuna. Swiss or American Cheese WG Kaiser Roll or Wrap Lettuce, Tomato, Onion WG Baked Potato Chips Celery Sticks Baby Carrots Peach Cup

11 Spicy Burger Bar

(Beef, Turkey or Veggie on WG Bun) Lettuce, Tomato, Pickles, Jalapeno, Chipotle Aioli, Pepper Jack Cheese **Cucumber Coins** Cauliflower Bites w/ Ranch Dipping Sauce Pineapple

WG Fish Sticks w/ Garlic Breadstick Steamed Green **Beans** Romaine Salad

Mixed Fruit

15 NO SCHOOL 16 **Breaded Drumsticks** WG Biscuit **Mashed Potatoes** Broccoli Bites

**Applesauce** 

**Dipping Sauce** 

**Baby Carrots** 

Steamed Broccoli

Applesauce

\*Regents\*\*

Baked Ziti w/ WG Pasta WG Garlic

**Breadstick** Steamed Green **Beans** Romaine Salad Peach Cup

18

Chicken Patty Choice of Spicy or Plain on WG Bun Steamed Broccoli Corn & Black Bean Salad Pineapple

19 **Brunch For** Lunch

WG French Toast Sticks Chicken Sausage **Tater Tots Baby Carrots** Mixed Fruit

**Buffalo Chicken Mac &** Cheese w WG Pasta WG Garlic Breadstick Romaine Salad **Cucumber Coins Diced Pears** 

National Hot Sauce Day

24

Turkey Hot Dog WG Bosco Sticks w/ on WG Bun Vegetarian Bean Celery Sticks Peach Cup \*\*Regents\*\*

25

Hamburger/Cheese burger on WG Bun **Cucumber Coins** Steamed Carrots Pineapple \*\*Regents\*\*

26

Cheese or Pepperoni WG Pizza Romaine Salad Steamed Green **Beans** Mixed Fruit \*\*Regents\*\*

<sup>29</sup>opcorn Chicken Bowl **Mashed Potatoes** WG Biscuit Steamed Corn Cheddar Cheese **Baby Carrots Diced Pears** 

**Beef Nachos** 

23

w/ WG Chips, Taco Meat or Beans. Cheddar Cheese Sauce. Jalapenos, Black Olives, Sour Cream & Salsa WG Dinner Roll Black Beans **Baby Carrots Applesauce** 

31 Jerk Chicken & Cheese Quesadilla Steamed Corn Red Pepper **Strips** Peach Cup

> If you have any questions, please contact Lisa Perron Director of Food Service at 518-475-6644 x 4

8oz. Fat Free Chocolate, White and 1% Milk available Daily. Lactose/ Dairy Free Milk available as needed. \*Gluten Free Options Available Alternate Entrees:

Pizza, Salads offered with WG Dinner Roll or WG Croutons (Chicken, Deli, Veggie) Nut Butter and Jelly Sandwiches served with WG Crackers and Cheese Stick, Vegetarian Bento Box Options, Assorted Deli and Hot Sandwich Options

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