



City School District of Albany January Albany International Center Lunch Menu

1

NO SCHOOL

2

Burger Day

Cheese, Plain or
Veggie Burger on
WG Bun
Broccoli Bites
Glazed Carrot
Coins
Applesauce

3

Diced Chicken and
Black Bean Rice Bowl
WG Dinner Roll
WG Cheez-it Crackers
Black Beans
Baby Carrots
Peach Cup

4

WG Corn Dog w/
WG Graham
Crackers
Tater Tots
Red Pepper
Strips
Pineapple

5

WG Cheesy
Breadsticks
Dipping sauce
Steamed Corn
Romaine Salad
Mixed Fruit

8

WG Grilled
Cheese
Oven Baked Fries
Cucumber Coins
Diced Pears

9

Chicken and
Veggie Dumplings
WG Brown Rice
Steamed Broccoli
Chickpea Salad
Applesauce

10

Beef Meatball
Sub WG Roll
Steamed Green
Beans
Red Pepper
Strips
Peach Cup

11

Brunch for Lunch
WG French Toast
Sticks
Chicken Sausage
Patty
Smile Fries
Broccoli Bites
Pineapple

12

WG Cheese Pizza
Steamed Corn
Romaine Salad
Mixed Fruit

15

NO SCHOOL

16

Turkey Nachos

Turkey Taco Meat
w/ WG Tortilla
Chips, Cheddar
Cheese Sauce
Pinto Beans
Red Pepper Strips
Applesauce

17

WG Chicken
Tender
WG Dinner Roll
WG Cheez-It
Crackers
Steamed Carrots
Broccoli Bites
Peach Cup

18

Sloppy Joe on a
WG Bun
Oven Baked Fries
Celery Sticks
Pineapple

19

WG Cheesy
Breadsticks
Dipping sauce
Steamed Corn
Romaine Salad
Mixed Fruit

22

Fajita Chicken
Bowl w/
WG Sante Fe Rice
WG Cheesy Spicy
Flatbread
Red Pepper Strips
Black Beans
Diced Pears

23

WG Pasta & Beef
Meatballs
WG Garlic
Breadstick
Steamed Green
Beans
Baby Carrots
Applesauce

24

Turkey Hot Dog on
a WG Bun
Sweet Potato Fries
Celery Sticks
Peach Cup

25

**BBQ Chicken
Nachos**
w/ Cheddar Cheese
Sauce, Sour Cream
and Salsa
WG Dinner Roll
Steamed Corn
Broccoli Bites
Pineapple

26

WG Cheese
Pizza
Steamed Broccoli
Romaine Salad
Mixed Fruit

29

Chicken Patty
(Plain or Spicy)
on WG Bun
Vegetarian
Beans
Cucumber Coins
Diced Pears

30

Beef Taco or Taco Salad

Romaine topped with
Beef Taco Meat, WG
Shell, Cheddar Cheese,
Salad toppings Salsa &
Sour Cream) Served as
salad or taco
Steamed Corn
Applesauce

31

Buffalo Chicken
Mac & Cheese w/
WG Pasta
WG Dinner Roll
Steamed Peas
Red Pepper Strips
Peach Cup

8oz. Fat Free Chocolate and 1% White Milk available Daily.
Lactose/ Dairy Free Milk available as needed. Alternate
Entrée by Request; Nut Butter and Jelly Sandwich offered
with a cheese stick and cracker, Vegetarian Hummus Wrap or
a Deli Sandwich: M-Turkey T-Bologna W-Chicken T-Turkey
Ham F-Tuna

If you have any questions, please contact Lisa Perron Director
of Food Service at 518-475-6644 x 4