

City School District of Albany January Albany International Center Lunch Menu

1

NO SCHOOL

Burger Day

Cheese, Plain or Veggie Burger on WG Bun Broccoli Bites Glazed Carrot Coins Applesauce Diced Chicken and
Black Bean Rice Bowl
WG Dinner Roll

WG Cheez-it Crackers Black Beans Baby Carrots Peach Cup 4 WG (

WG Corn Dog w/ WG Graham Crackers Tater Tots Red Pepper Strips Pineapple 5

WG Cheesy Breadsticks Dipping sauce Steamed Corn Romaine Salad Mixed Fruit

WG Grilled
Cheese
Oven Baked Fries
Cucumber Coins
Diced Pears

Chicken and
Veggie Dumplings
WG Brown Rice
Steamed Broccoli
Chickpea Salad
Applesauce

10

Beef Meatball
Sub WG Roll
Steamed Green
Beans
Red Pepper
Strips
Peach Cup

11 Bruns

Brunch for Lunch
WG French Toast
Sticks

Chicken Sausage
Patty
Smile Fries
Broccoli Bites
Pineapple

12

WG Cheese Pizza Steamed Corn Romaine Salad Mixed Fruit

15

NO SCHOOL

Turkey Nachos

Turkey Taco Meat w/ WG Tortilla Chips, Cheddar Cheese Sauce Pinto Beans Red Pepper Strips Applesauce WG Chicken

Tender
WG Dinner Roll
WG Cheez-It
Crackers
Steamed Carrots
Broccoli Bites
Peach Cup

18

Sloppy Joe on a WG Bun Oven Baked Fries Celery Sticks Pineapple 19

WG Cheesy Breadsticks Dipping sauce Steamed Corn Romaine Salad Mixed Fruit

Fajita Chicken
Bowl w/
WG Sante Fe Rice
WG Cheesy Spicy
Flatbread
Red Pepper Strips
Black Beans
Diced Pears

G Pasta & Beef
Meatballs
WG Garlic
Breadstick
Steamed Green
Beans
Baby Carrots
Applesauce

24

Turkey Hot Dog on a WG Bun Sweet Potato Fries Celery Sticks Peach Cup 25 BBQ Chicken Nachos

> w/ Cheddar Cheese Sauce, Sour Cream and Salsa WG Dinner Roll Steamed Corn Broccoli Bites Pineapple

26

WG Cheese Pizza Steamed Broccoli Romaine Salad Mixed Fruit

Chicken Patty
(Plain or Spicy)
on WG Bun
Vegetarian
Beans
Cucumber Coins
Diced Pears

Beef Taco or Taco
Salad

Romaine topped with Beef Taco Meat, WG Shell, Cheddar Cheese, Salad toppings Salsa & Sour Cream) Served as salad or taco Steamed Corn Applesauce 31

Buffalo Chicken Mac & Cheese w/ WG Pasta WG Dinner Roll Steamed Peas Red Pepper Strips Peach Cup

If you have any questions, please contact Lisa Perron Director of Food Service at 518-475-6644 x 4

8oz. Fat Free Chocolate and 1% White Milk available Daily.
Lactose/ Dairy Free Milk available as needed. Alternate
Entrée by Request; Nut Butter and Jelly Sandwich offered
with a cheese stick and cracker, Vegetarian Hummus Wrap or
a Deli Sandwich: M-Turkey T-Bologna W-Chicken T-Turkey
Ham F-Tuna

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