



City School District of Albany

Satellite March Breakfast Menu

(Delaware, Eagle Point, Pine Hills, Roots Academy, Sheridan Prep, Thomas O'Brien, TCCE, Abrookin, Montessori & New Scotland)

				1 WG Stuffed Cinnamon Toast Bar WG Graham Crackers Fresh Fruit 100% Fruit Juice
4 WG Chocolate Muffin 4oz Yogurt Fresh Fruit 100% Fruit Juice	5 WG Maple Waffles Cheese Stick Diced Pears 100% Fruit Juice	6 WG Bagel w/ Cream Cheese Applesauce 100% Fruit Juice	7 WG Donut Holes 4oz Yogurt Peach Cup 100% Fruit Juice	8 Build Your Own Strawberry Yogurt Strawberry Cup 100% Fruit Juice
11 WG Banana Mini Loaf Cheese Stick Fresh Fruit 100% Fruit Juice	12 WG French Toast Cheese Stick Diced Pears 100% Fruit Juice	13 WG Bagel w/ Cream Cheese Applesauce 100% Fruit Juice	14 WG Cherry Frudel 4oz Yogurt Peach Cup 100% Fruit Juice	15 WG Stuffed Cinnamon Toast Bar WG Graham Crackers Fresh Fruit 100% Fruit Juice
18 WG Blueberry Muffin Hard Boiled Egg Fresh Fruit 100% Fruit Juice	19 WG Blueberry Waffles Cheese Stick Diced Pears 100% Fruit Juice	20 WG Bagel w/ Cream Cheese Applesauce 100% Fruit Juice	21 WG Nutrigrain Bar 4oz Yogurt Peach Cup 100% Fruit Juice	22 Build Your Own Strawberry Yogurt Strawberry Cup 100% Fruit Juice
25 WG Banana Mini Loaf 4oz Yogurt Fresh Fruit 100% Fruit Juice	26 WG French Toast Cheese Stick Diced Pears 100% Fruit Juice	27 WG Bagel w/ Cream Cheese Applesauce 100% Fruit Juice	28 WG Apple Frudel 4oz Yogurt Fresh Fruit 100% Fruit Juice	29 Spring Recess 

8oz. Fat Free and 1% Milk available Daily. Lactose/ Dairy Free Milk available as needed. *Cheerios & Rice Krispies Available Daily for Pre-K, WG Cereal & Cereal Bar available with following:
 M-WG Crackers Tues-Cheese Stick
 W-Hard Boiled Egg Th-4oz Yogurt
 F-WG Crackers ***Fresh Fruit Available Daily**

If you have any questions, please contact Lisa Perron Director of Food Service at 518-475-6644 x 4

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