



City School District of Albany March Middle School Lunch Menu (Myers, Hackett & North Albany)

*Fresh Fruit & Baby Carrots Available Daily.

				1 WG Cheesy Breadsticks Steamed Green Beans Baby Carrots Mixed Fruit
4 WG Corn Dog Graham Crackers Steamed Broccoli Baby Carrots Diced Pears	5 Cheesy Bagel Melt with Turkey Ham Sweet Potato Fries Celery Sticks Applesauce	6 Chicken Tender WG Dinner Roll & WG Cheez-It Crackers Steamed Carrots Cucumber Coins Peach Cup	7 Turkey Tacos Turkey Taco Meat, WG Shell, Cheddar Cheese, Pinto Beans Salsa & Sour Cream Red Pepper Strips WG Dinner Roll Pineapple	8 Personal Pan Pizza Choice of Cheese or Pepperoni on 7inch Shell Romaine Salad Baby Carrots Mixed Fruit
11 Boneless Chicken Wings (Plain, BBQ or Buffalo) WG Dinner Roll WG Cheez-it Crackers Vegetarian Beans Baby Carrots Diced Pears	12 Brunch for Lunch WG French Toast Sticks Chicken Sausage Patty Smile Fries Cucumber Coins Applesauce	13 General Tso Popcorn Chicken over WG Rice & WG Dinner Roll Steamed Carrots Red Pepper Strips Peach Cup	14 Shepards Pi Ground Beef Peas & Carrots, topped with Mashed Potatoes WG Biscuit Pineapple Pi Day!	15 WG Fish Sticks Sweet Potato Fries WG Belly Bear Crackers Romaine Salad Mixed Fruit
18 WG Chicken Nuggets WG Soft Pretzel Steamed Corn Baby Carrots Diced Pears	19 Nacho Tots Turkey Taco Meat, Cheddar Cheese Sauce on Tater Tots WG Biscuit Baby Carrots Applesauce	20 Burger Day (Beef, Veggie or Turkey) on a WG Bun Vegetarian Beans Broccoli Bites Peach Cup Early Release	21 Buffalo Chicken Wing Dip w/ Tortilla Chips WG Breadstick Celery Sticks Baby Carrots Pineapple	22 WG Cheesy Breadsticks Caesar Side Salad Steamed Green Beans Mixed Fruit
25 Turkey Hotdog on WG Bun Spicy Waffle Fries Broccoli Bites Diced Pears	26 Chicken Patty on WG Bun Steamed Spinach Cucumber Coins Applesauce National Spinach Day!	27 Beef Nachos WG Chips, Taco Meat, Cheddar Cheese Sauce WG Dinner Roll Black Beans Baby Carrots Peach Cup	28 Sweet & Sour Chicken over WG Rice & WG Dinner Roll Steamed Carrots Celery Sticks Pineapple	29 Spring Recess 

8oz. Fat Free Chocolate, White and 1% Milk available Daily. Lactose/Dairy Free Milk available as needed. Alternate Daily Entrée: Cheese Pizza, Vegetarian Hummus Wrap, Chicken Salad and Veggie Salad w/ Dinner Roll, Nut and Jelly Uncrustable Sandwich served with Crackers and String Cheese, Cheese/Hamburger, Veggie Burger, Turkey Burger and an Assortment of Deli Sandwiches *

If you have any questions, please contact Lisa Perron Director of Food Service at 518-475-6644 x 4

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