

## City School District of Albany March Middle School Lunch Menu (Myers, Hackett & North Albany)

\*Fresh Fruit & Baby Carrots Available Daily.

1

WG Corn Dog **Graham Crackers** Steamed Broccoli **Baby Carrots Diced Pears** 

Cheesy Bagel Melt with Turkey Ham **Sweet Potato Fries** Celery Sticks **Applesauce** 

Chicken Tender WG Dinner Roll & WG Cheez-It Crackers Steamed Carrots **Cucumber Coins** Peach Cup

**Turkey Tacos** Turkey Taco Meat, WG Shell, Cheddar Cheese, Pinto Beans Salsa & Sour Cream **Red Pepper Strips** WG Dinner Roll Pineapple

Personal Pan Pizza Choice of Cheese or Pepperoni on 7inch Shell Romaine Salad **Baby Carrots** Mixed Fruit

WG Cheesy Breadsticks Steamed Green Beans **Baby Carrots** Mixed Fruit

Boneless Chicken Wings (Plain, BBQ or Buffalo) WG Dinner Roll

WG Cheez-it Crackers Vegetarian Beans **Baby Carrots Diced Pears** 

Brunch for Lunch WG French Toast Sticks Chicken Sausage Patty Smile Fries **Cucumber Coins Applesauce** 

13 General Tso Popcorn Chicken over WG Rice & WG Dinner Roll **Steamed Carrots** Red Pepper Strips Peach Cup

Shepards Pi Ground Beef Peas & Carrots. topped with Mashed **Potatoes** WG Biscuit Pineapple Pi Day!

15 WG Fish Sticks **Sweet Potato** Fries WG Belly Bear Crackers Romaine Salad Mixed Fruit

18 WG Chicken Nuggets WG Soft Pretzel Steamed Corn **Baby Carrots** Diced Pears

**Nacho Tots** 

19

Turkey Taco Meat, Cheddar Cheese Sauce on Tater Tots WG Biscuit **Baby Carrots Applesauce** 

Burger Day (Beef, Veggie or Turkey) on a WG Bun Vegetarian Beans

20

an equal opportunity provider and employer.

Broccoli Bites Peach Cup Early Release

Buffalo Chicken Wing Dip w/ Tortilla Chips WG Breadstick Celery Sticks **Baby Carrots** Pineapple

22 WG Cheesy Breadsticks Caesar Side Salad Steamed Green Beans Mixed Fruit

Turkey Hotdog on WG Bun Spicy Waffle Fries Broccoli Bites **Diced Pears** 

26 Chicken Patty on WG Bun

Steamed Spinach Cucumber Coins **Applesauce National Spinach** Day!

27 Beef Nachos

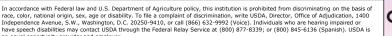
WG Chips, Taco Meat, Cheddar Cheese Sauce WG Dinner Roll Black Beans **Baby Carrots** Peach Cup

Sweet & Sour Chicken over WG Rice & WG Dinner Roll **Steamed Carrots** Celery Sticks Pineapple

Spring Recess

8oz. Fat Free Chocolate, White and 1% Milk available Daily. Lactose/ Dairy Free Milk available as needed. Alternate Daily Entrée: Cheese Pizza, Vegetarian Hummus Wrap, Chicken Salad and Veggie Salad w/ Dinner Roll, Nut and Jelly Uncrustable Sandwich served with Crackers and String Cheese, Cheese/Hamburger, Veggie Burger, Turkey Burger and an Assortment of Deli Sandwiches \*

If you have any questions, please contact Lisa Perron Director of Food Service at 518-475-6644 x 4



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